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## **CONSTRUCTIVISM IN EDUCATION**

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## **Abstract**

"You cannot teach a man anything;

You can only help him find it within himself" - Galileo

Constructivism is a theory of knowledge which explains that man constructs knowledge with the help of his previous knowledge, ideas, interactions and experiences. In constructivism learner is active. Cooperative learning takes place and learner with the help of inductive thinking construct new knowledge. And these are the expectations of today's multicultural world. Constructivism is a hot topic in education. Present paper gives basics of constructivist approach, which includes concept, history, principle, strategies, techniques useful for the constructivist teaching learning approach.

**Keywords:** Constructivism, Experiential learning, Knowledge construction, Cooperative learning, Inductive thinking, Concept map, Brain storming, Self learning, Discovery learning, Facilitator.



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